

José M. Ordovás

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José M. Ordovás, PhD, (born in Zaragoza, Spain in 1956) is Professor of Nutrition and a Senior Scientist at the USDA-Human Nutrition Research Center on Aging at Tufts University in Boston, Massachusetts where he also is the Director of the Nutrition and Genomics Laboratory. He is a Senior Scientist at the CNIC, and IMDEA-FOOD both in Madrid.

Dr. Ordovas was educated in Spain at the University of Zaragoza where he completed his undergraduate work in chemistry (1978) and received his doctorate in the topic of Human Lipoprotein Metabolism (1982). He did postdoctoral work at the MIT, Harvard and Tufts.

Dr. Ordovas' major research interests focus on the genetic factors predisposing to cardiovascular disease and obesity and their interaction with the environment and behavioral factors with special emphasis on diet. He has published more than 700 scientific articles in peer review journals and written numerous reviews and books on these topics. In this regard, he is considered one of the most distinguished world experts in gene-diet interactions related to cardiovascular traits. Moreover, he has trained in his laboratory over 60 scientists and his current genetic studies involve populations and investigators from all Continents.

Throughout his career, Dr. Ordovas has received multiple honors for his scientific achievements including, among several others, the USDA Secretary's Award, the Centrum American Nutrition Society Award; the Mary Swartz Award from the Dietetic Association; the Garry-Labbe Award from the American Association for Clinical Chemistry, the Francisco Grande Memorial Lecture all for Excellence in Nutrition Research; The Rafael del Pino Foundation Lecture, the Turkish Genetics Society Award; the Jaén Paraíso Interior and AEMO awards for his contributions to the diffusion of the Mediterranean diet and the Olive oil; the Good Cholesterol award from Aviles and the Danone Foundation Award for achievements in Nutrition Research and Gold Medal of the Spanish Society of Cardiology and the Francisco Grande Award from the Fundacion Dieta Mediterranea. He has been awarded an honorary degree in Medicine bestowed by the University of Cordoba in Spain and the title of Member of the Royal Academies of Sciences, Medicine, Nutrition and Pharmacy, all of them in Spain.

Dr. Ordovas serves on multiple editorial boards and is active with multiple international peer review and steering committees and advisory boards.